



### Full Circle Farm Product List

<b>FCF 100% Grass Fed Dairy</b>	Unit	Price
Fresh Cream	Pint	15.00
Fresh Cream	Quart	25.00
Frozen Cream	Quart	18.00
Cleo's bath Milk	Gallon	13.00
Kefir	Quart	5.00
Yogurt	Quart	5.00
Colostrum	Quart	5.00
Cottage Cheese	Quart	5.00
Whey	Quart	3.00
Whey	Gallon	8.00
Kefir Grains	2 Tbsp	5.00
Goat Milk	Quart	5.00
Goat Kefir	Quart	7.00
<b>FCF 100% Grass Fed Beef</b>		
All Meat Stew (1-2 lb packs)	Lb	5.00
Hamburger (~2 lb packs)	Lb	6.00
Liver (1-2 lb pacs)	Lb	10.00
Short Ribs (~2 lb packs)	Lb	5.00
Tenderloin (2-4 lb packs)	Lb	15.00
Chuck Roast with bone (2-5 lb)	Lb	6.00
Rump Roast with bone (4-6 lb)	Lb	5.00
Shoulder Roast with bone (2-5 lb)	Lb	6.00
Rib Steak (2-4 lb)	Lb	14.00
T-Bone Steak (2-4 lb)	Lb	12.00
Sirloin Steak (2-5 lb)	Lb	14.00
Brisket (3-5 lb)	Lb	4.00
Neck Stew Meat with bone (~2 lb)	Lb	4.00
Soup Bones (2-4 lb)	Lb	4.00
Cube Steak (1-2 lb)	Lb	4.00
Pork Lard	Quart	10.00
Tallow	Quart	10.00
Beef Bologna	Lb	9.00
Whole Organic Chicken (4-6 lb)	Lb	5.00
<b>Eden Farm Products, Pastured- Non Organic</b>		

16 pack wings (4.5 lb)	Lb	6.00
Boneless Chicken Breast (2-3 lb packs)	Lb	6.00
Chicken Legs (2-3 lb packs)	Lb	6.00
Chicken Thighs (2-3 lb packs)	Lb	4.5
Chicken Tenders (2 lb packs)	Lb	6.00
Chicken Backs (5lb packs)	Lb	2.00
Chicken Gizzards (1 lb packs)	Lb	5.00
Chicken Hearts (1 lb packs)	Lb	5.00
Chicken Livers (1 lb packs)	Lb	7.00
Chicken Broth	Quart	6.0
Eggs	Dozen	4.00
Pet Food: Ground up chicken backs and necks	6 lb	20.00
<b>Lacto-fermented foods, Raw and Organic</b>		
Dill/Carrot Sauerkraut	Pint	7.00
Jalapeno Sauerkraut	Pint	7.00
Plain Sauerkraut	Pint	7.00
Beef Stock	Quart	10.00
<b>FCF Wild Pork</b>		
Bacon (1-2 lb)	Lb	15.00
Bacon Ends (~1 lb)	Lb	6.00
Boston Butt Roast (3-6 lb)	Lb	6.00
Fresh Ham Roast (5-8 lb)	Lb	5.00
Fresh Pan Sausage (1-1.5 lb)	Lb	6.00
Smoked Link Sausage (~ 1 lb)	Lb	6.00
Pork Chops (2-3 lb)	Lb	6.00
Ribs (2-4 lb)	Lb	6.00
Lard	Quart	10.00
Pork Soup Bones in 5-10 lb packs	Lb	3.00
Pork Organs : Liver, Heart, Kidney	Lb	6.00
<b>PA Products 100% Grass Fed</b>		
Raw Cream, Frozen	Quart	13.00
Raw Butter	Lb	14.00
Block of Cheddar ~5-6 lbs	\$7/lb	35-42
Block of Jack ~ 5-6 lbs	\$7/lb	35-42

Block of Garlic Cheddar ~ 5-6 lbs	\$7/lb	35-42
Block of Swiss ~5-6 lbs	\$7/lb	35-42
Block of Mozzarella ~5-6 lbs	\$8/lb	40-48
Cheddar- cut to specs	Lb	10.00
Jack – cut to specs	Lb	10.00
Garlic Cheddar – cut to specs	Lb	10.00
Swiss- cut to specs	Lb	10.00
Mozzarella – cut to specs	Lb	10.00
Garlic Sauerkraut	Pint	7.00
Spicy Kimichi	Pint	8.00
Ketchup	Pint	7.00
Mayonnaise (not all organic)	Pint	15.00
<b>Miscellaneous</b>		
Wild caught Alaskan salmon	Lb	13.00
Calabanza Pumpkins	Lb	1.00
Toothpaste by Young Living	Tube	8.00
Organic Chicken Liver Pate	8 oz	14.00
50/50 milk (50% Grass/50% Grain)	Gallon	6.00
Pickled beets, organic from PA	Quart	10.00
Pear Relish by Eden Farm	Pint	7.00
Organic, Red Muscadine Grapes	5 lb	12.00
Stewing Hens, Free Range and Soy Free	Lb	3.50

Please contact Go Primal Fitness to order 352-372-5208 or email orders to [farm@goprimalfitness.com](mailto:farm@goprimalfitness.com)

Full Circle farm loves visitors and gives tours. Email them to set up a time. [thisisdennis@windstream.net](mailto:thisisdennis@windstream.net)

Make all checks payable to Cypress Consultants, 20997 174<sup>th</sup> Street, Live Oak, FL 32060  
382-776-2770

All goods sold as pet food per fl law.

\*Additional delivery fee will be applied to order total, feel free to ask for details.